

SUSSEX IA

NEWSLETTER

Issue 93
Summer 2020

Are you all safe and well

We hope that you have stayed safe and followed the government guidelines. I know it is really annoying especially for those like me that have to remain indoors for 3 months but much better to stay safe than catch this horrible virus. Have those of you that are of high risk like me got all your shopping sorted out? Have you registered as high risk so you can get your shopping delivered if required? It took me 5 times of registering and a call to my MP to get me on that list. I'm not quite at the 70 age lower limit but I do have 2 and sometimes 3 of the risk factors. Nobody could understand why I wasn't on the list. If you think that you should be on that vulnerable person list then make sure you register at the website shown on the letters from the NHS, Department of Health and Social Care and your GP. I won't put it on here because if they believe you qualify you would have had one or more of these letters and the information is included in them

Hopefully restrictions will have been reduced at least slightly by the time you get this as I'm writing this at the end of April/very early May. I still won't be allowed out but at least some of you may be.

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Please
keep safe

AGM Apologies

I am guessing that the vast majority of you that were going to the Annual Meeting on 14th March assumed it would be cancelled and you were right. I had a conversation with our President Mr Moore and he advised me to not go out to the meeting and in fact not to even go to the venue to let any members know it had been cancelled. This was not until the Thursday evening so I did not have time to contact anyone to say what was going on. I did get the venue to put a notice outside advising of the cancellation which was all about I could manage in the time available. After the virus is over I will organise another which I hope to see you all there.



Ileostomy & Internal Pouch
Association

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Registered Charity: 1172338 (England and Wales) and SC048658 (Scotland)

Shakespeare Plays Wordsearch

Words found horizontally, vertically and diagonally with a hidden phrase using the unused letters

P L E A R A S E A C S U I L U J S S N E H T A F O N O M I T E S
 T A Y S 3 T R A P A N T H O N Y A N D A F 1 T R A P E K T K N H
 T Y L T B K E J T A M I N G O F T H E S H R E W T X P R F L E C
 K M H F G M R I Z R G H M E A S U R E F O R M E A S U R E N A X
 P K R P L M U N L Q N Z E L M T H E M E R C H A N T O F R X L J
 G N N R T Z F C M U F M N N G C B H E N R Y V I I I L Y B Z L R
 E Q Z C M N Y M H G J K R Q R D Z T O N H Y L D W N I W D M ' N
 B L R P A R T 2 C A K D N N X Y K Z H T P M M W G V Z T Z F S O
 F M A M T S T K S X D Q N M L H V O C C H X B N G L L M L G W T
 D T R T N H U Z Z U B O T A Q R J I T P Q E M M M A E R D B E H
 C T I R S J E C C L N K A F O G M Y T A B L L H W D R Z T R L I
 T X G E T ' F C I L V A Y B N E Y B N R X K E L R I R K N N L N
 E N N V K B R O O N E R L I O L M L K T P N F B O S O M K Q T G
 L W I N L I Z E S M O O K O L U G O K 1 R N Q G K S R W R Z H Z
 M I K T O R L X T E E R P M I L T H R Y K K F T W E S T J K A K
 A V F Z V P N U Q N V D D A J R B X V F P A O L I R M R T P T R
 H Y O P E P H M O R I I Y N T X O I X Y M V N B I C V T B M E R
 L R Y M ' J T R K Y Z W W O A R R C N I R F E R D D D E R F N P
 T N D P S K K L W V S M N Y F S A G D M T F M K R N K Q N X D M
 S E E L L L M M K C X A M P R B U S L H R R E C A A H X Z I S L
 E H G K A R I C H A R D I I I R U T G F Z Y L N H S H L L R C N
 P K A N B R F P M N D C R R R M E I I E T D T K C U M N K R K E
 M K R P O R T L T V D T H L M A N M N T F D N T I L V L C M R G
 E L T E U O R N D G T V Y E Y H E I E Q N R E B R I Q Z K Y H M
 T C E R R S X N L W L N R Y T T L L N H P Y G R B O G Z F N Y P
 E R H I S D T V D Y H N G F R E L W A R T Q O D N R R V M H H H
 H X T C L N R L M T I G L K B N M N I K F L W G M T I X T T E T
 T G H L O I R M P G C E M M V M O N E R Y T T V 2 Y L B E N T Q
 X P Z E S W M T H J W Y Y F V R C K L T C F N T R G W B R W W D
 X Y R S T Y H T W T T C C Z E E Q B K H W B R N F R C Y E K N R
 D K M Q N G ' K P F R Z Z V O D F C N X G A E Q T A V L Y R X K
 J P L R R S Q F R C T C R F Y P R B X Y P H R N M D L T L D R T

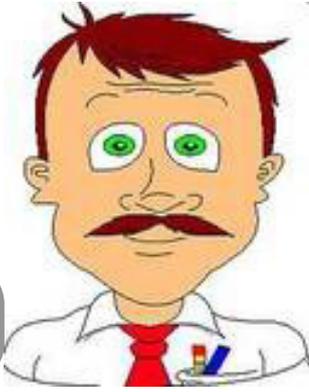
- | | | | |
|----------------------|---------------------|---------------------|----------------------|
| All's Well That Ends | Henry VI | part 2 | Timon of Athens |
| A Midsummer Night's | Henry VI | part 2 | Titus Andronicus |
| Anthony and | Henry VIII | part 3 | Troilus and Cressida |
| As You Like It | Julius Caesar | Pericles | Twelfth Night |
| Cleopatra | King John | Prince of | Two Gentlemen of |
| Coriolanus | Lear | Richard II | Tyre |
| Cymbeline | Love's Labours Lost | Richard III | Venice |
| Dream | Macbeth | Romeo and Juliet | Verona |
| Errors | Measure for Measure | Taming of the Shrew | Well |
| Hamlet | Much Ado About | The Comedy of | Windsor |
| Henry IV | Nothing | The Merchant of | Winter's Tale |
| Henry IV | Othello | The Merry Wives of | |
| Henry V | part 1 | The Tempest | |
| Henry VI | part 1 | The Tragedy of King | |

The words are found in the usual ways of horizontally, vertically and diagonally. There is also a hidden phrase using some of the unused letters starting at the top of the puzzle.



Dave's Ramblings

Help!



I will still be going on about help needed to keep Sussex IA up and running. Having been doing this for over 20 years I don't want to see it vanish because of the apathy of members that could make that difference. We have many members that really want and need the knowledge that Sussex IA exists and is local to them if they need the help that we can offer. Will anyone out there please consider helping us out. We are desperate to keep Sussex from going postal

and I would feel unhappy that all the work that has been done not only by myself dragging us into the 21st century but by all the other committee members that have helped not only now but over the years. I'm sure they would also be disappointed if Sussex IA folded through lack of help from the members. We are all OK when I contacted both Thirza and Tony but with this virus that could change at any time. We don't want to think of the possible outcomes especially with my last hospital visit and not even knowing I had been taken in with all blues and twos on the ambulance. 3 days of being unconscious was not good for me and my wife was scared stiff that the worst might happen. If I get this virus I'm almost certain to end up on a ventilator and I hate to think what the final outcome could be.

I have another rant and this is about the vulnerability list the government has produced as a guidance for the supermarkets delivery priority lists. As most of you know, I suffer from all sorts of stuff and have had letters from the NHS via my doctor's surgery, The Department of Health and Social Care and my Rheumatologist saying I must register for that list so I can stay at home for at least 12 weeks. I applied 5 times over a period of 4 weeks or so and still no response. I then got hold of my MP and hey presto! I now have access to the priority delivery lists. I know some others that got on the list from almost day 1 and don't have half the problems I have. It really wound me up and got me very concerned because my wife had to do the shopping and could have brought home all sorts for me to get. Even my MP was amazed that I wasn't on the list. All sorted now though thank goodness and first delivery organised. I only got the OK today so quite quick off the mark.

It only seems to happen to me



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Committee Members

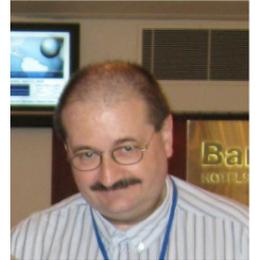
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Mr David Drakeley

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Treasurer

Mr Tony Mason
23 St James Court, St James Road
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Pouch Representative

Wendy Lynn standing in until a more permanent rep found

Young Persons Representative

Still wanted

Mrs Thirza Jago
Rainbow's End
23 Rodney Crescent
Ford, Arundel
West Sussex
BN18 0DB
01903 719798



Mrs Wendy Lynn
33 Sherbourne Road
Hove
East Sussex
BN3 8BA
01273 233779



Stoma Nurse Representative

Mrs Jane Myer
Contact via Dave Drakeley



Because
we know we
care

Webpage
Sussex.iasupport.org



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